

Head Teacher – Mrs Helen Gregory Amberley Way, Eaglescliffe Stockton on Tees TS16 0NG Tel: 01642 780742

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Dear Parents and Carers,

We have been advised by two households that there have been two confirmed cases of COVID-19 within the school. Symptoms were first displayed during half term. Neither pupil has been in school since Friday, 23rd October and only one member of the school community is considered a close contact. The families will continue to isolate for the recommended time period. Therefore, following advice from Public Health England, we do not need to close any bubbles and school will remain open.

We know that you may find this concerning, but we are continuing to monitor the situation and are working closely with Public Health England. This letter is simply to inform you of the current situation and to provide you with advice on how to support your child. Please be reassured that, for most people, coronavirus (COVID-19) will be a mild illness. The school remains open and your child should continue to attend if they are well.

New National Restrictions - 5th November 2020

Restrictions are to stay at home This means you <u>must not</u> leave or be outside of your home except for specific purposes. These include:

- for childcare or education, where this is not provided online;
- for work purposes, where your place of work remains open and where you cannot work from home (including if your job involves working in other people's homes);
- to exercise outdoors or visit an outdoor public place with the people you live with, with your support bubble or, when on your own, with 1 person from another household.

Therefore, can I please ask parents to follow the national restrictions when accessing the Amberley Way Play Park during and after the school day.

The staff team also have a duty to follow all restrictions and I am grateful for their continuing support. This has enabled school to remain open and no Year group bubbles to close. Please could you also continue to follow the guidance and restrictions outside of school.

What to do if your child develops symptoms of COVID- 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <u>https://www.nhs.uk/ask-for-a-coronavirus-test or by calling 119</u>.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <u>https://www.gov.uk/government/publications/covid-19-stay-athome-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19</u>

The 14-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online. Household members staying at home for 14 days, will greatly reduce the overall amount of infection the household could pass on to others in the community. If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, please access advice from the NHS online at https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/ or by phoning 111

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at https://www.nhs.uk/conditions/coronavirus-covid-19/

Keeping school informed

Please ensure you contact the school to inform us if your child or any members of your family have been advised to take a COVID-19 test and please update us on the outcome of the COVID-19 test. The school phone number is 01642 780742 and my email address is <u>helen.gregory@sbcschools.org.uk</u>. You can email me any time, even over the weekend; this will ensure that I am able to inform all parents and staff of any immediate updates or actions which may need to be taken immediately.

Kind regards,

Helen Gregory Head Teacher