<u>Durham Lane Primary School: Topic Planning</u>

<u>Term: Spring 1</u>

Teacher: Mrs Eastwood/Miss Barrett

<u>Class:</u> 5/6

Topic: Healthy Me

Subjects	Objectives	Key Knowledge/key	Key	Skills	Activities/ Tasks
		concepts/key elements	Vocabulary (Tier 2 and 3)		
English	To be able to: Plan, draft and write in a variety of genres using relevant skills (see writing progression sheets). 1a) Locate the world's countries using maps to focus on Europe and North/South America 1c) Identify the position and	Location To know where a range of countries in North and South America are on a map. To know where a range of	Tier 2 words Distribute Location Climate Import	Geographical enquiry 1) Suggest questions for investigating (e.g. Why do we import fruits from different places?) 2) Investigate places with more emphasis on the larger scale contrasting and distant places.	 Write a report about impact of exercise and diet on the body (Y5) Write reports about how the digestive and circulatory systems work (Y5) Label diagrams for circulatory/digestive system (Y5) Research, take notes and make posters about the impact of diet and food on the body (Y5) Write a narrative about the imaginary journey through the digestive system. (Y5) Write a balanced argument about whether video games are good or bad for children. Children to be introduced to the vocabulary of longitude/latitude etc. Children will be given vocabulary grids with terms and definitions and will match them (differentiated). Children given latitude/longitude coordinates as clues and will
	significance of latitude, longitude, equator, northern hemisphere and the Topics of Cancer and Capricorn. 3b) human geography — looking at land use and the distribution of food.	countries in Europe are located on a map. To know how to use 4 figure grid references to locate places. To know where the equator is and the northern and southern hemisphere. Human Features To know which countries export fruit and vegetables to the UK. To know why UK imports food from different countries. Physical Features To know what different physical features certain regions of Europe and North/South America have e.g. mountains, rainforests etc. Climate To know about the different climate zones in Europe and North and South America and how this affects imports and exports. Mapping To know how to use an atlas to find out about features of different places.	Export Features Resources Origin Position Tier 3 words Longitude Latitude Equator Hemisphere Tropics Coordinates Ordnance Survey Grid references Continent	5) Analyse evidence and draw conclusions, identifying patterns and explaining reasons behind them. Direction/ Location 1) Use 4 figure co-ordinates confidently to locate features on a map. 3) Begin to use 6 figure grid references and use latitude and longitude on atlas maps. Representation 3) Use atlas symbols. Using maps 2) Select a map for a specific purpose. 4) Locate places on a world map. 5) Use atlases to find out about other features of places. (e.g. mountain regions, weather patterns) Scale / Distance 1) Measure straight line distance on a plan/map 2) Find/recognise places on maps of different scales (e.g. River Amazon) 3) Use a scale to measure distances. 4) Use maps and plans at range of scales. Map knowledge Confidently identify significant places and environments Style of map 1) Use index and contents page within atlases. 2) Recognise world map as a flattened globe.	use a range of maps to locate the correct countries/continents. Children given fruits and vegetables from different countries (including Europe, North and South America) and will look for their country of origin, find the places in an atlas and research the climate and features of this country (use ICT and atlases). Make a group poster to present to the rest of the class about a country or region where their fruit or vegetable is from. Children to suggest questions following their research e.g. Why do we import bananas from Puerto Rico? Use a range of maps to work out air miles for fruits and vegetables to be imported to our country using scales on maps.
Science	6.3 Identify and name the main parts of the human circulatory system, and describe the functions of the heart, blood vessels and blood.	 To know the different organs involved in the digestive system. To know what happens to nutients and water as it passes through the digestive system. To know about function of the heart and how oxygen is transported around the body. 	Tier 2 words Absorb Transporting Exchanging Chambers Excrete Nutrition Exercise Impact	Asking Questions & Planning Enquiries 1. Use their science experiences to explore ideas and raise different kinds of questions 3. Select and plan the most appropriate type of scientific enquiry to use to answer scientific questions Testing, Measuring & Recording 1. Recognise when and how to set up comparative and fair tests and explain which variables need to be controlled and why	 Chd to ask questions such as "what impact does food have on the body?" "What is the effect of exercise on the body?" Chd to use research skills to find out about how the different food groups affect the body. Take notes, share as a group and create a report about food groups. Chd to use research skills to find out about how the exercise, drugs and lifestyle affect the body. Take notes, share as a group and create a poster.

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6.4 Recognise the impact of To know how exercise/lifestyle System 3. Make their own decisions about what observations to make, what Chd to use scientific vocabulary to describe the digestive Tier 3 words measurements to use and how long to make them for diet, exercise, drugs and affects the body. system through a story (the Magic school Bus). Circulation 4. Choose the most appropriate equipment to make measurements with Chd to raise questions such as 'how does my body extract lifestyle on the way their To know about the different food Blood vessels groups and what the body uses them increasing precision and explain how to use it accurately. Take repeat nutrients from food?' Watch videos and animated diagrams bodies function. Arteries/veins measurements where appropriate. for. to understand the journey of food through the human body. Oxygen 5. Decide how to record data and results of increasing complexity from a To know what effect a good/poor Chd to label simple diagram of human digestive system. Also 6.5 Describe the ways in Carbon dioxide choice of familiar approaches: scientific diagrams and labels, diet can have on the body. play simple matching game of name/diagram/function of which nutrients and water are Aorta classification keys, tables, scatter graphs, bar and line graphs To know the difference between legal body parts involved in digestion. transported within animals, Heart rate and illegal drugs including alcohol. Concluding Chd to match and sequence the names and functions of parts including humans. Pulse To know about the dangers of 3. Use relevant scientific language and illustrations to discuss, communicate of digestive system. Cell smoking and the effect it has on the and justify their scientific ideas, use oral and written forms such as displays Chd to use scientific vocabulary to describe the digestive Digestion body. and other presentations to report conclusions, causal relationships and Saliva system through a story. explanations of degree of trust in results Nutrients • Chd to label simple diagram and use arrows to show heart, Evaluating Oesophagus blood and blood vessels (arteries and veins) 1. Use their results to make predictions and identify when further Stomach Chd to act out journey of a blood cell – getting pushes from observations, comparative and fair tests might be needed Intestines heart and exchanging oxygen/carbon dioxide (red and blue Rectum cards) in lungs and other body parts. Anus • Chd to draw figure of 8 diagram (lungs, heart, rest of body) Duodenum and use scientific language, illustrations and arrows to Pancreas communicate their understanding of the circulatory system. Nutrients Lifestyle Chd to raise questions such as 'what happens to my heart when I exercise?' Suggest and carry out an investigation to answer this question and consider how to make it fair and as accurate a possible. Plot results on a line graph; discuss our findings and suggest reasons using knowledge from previous lessons and specific scientific language. Chd to suggest how to improve test and improve accuracy. 1) To be able to develop a range Tier 2 words Art Exploring/ Evaluating and Exploring/ Evaluating and developing ideas Drawing/ Painting of art techniques, including use of Shading Develop sketch book • Look at the artist Paul Cezanne and especially at his still life developing ideas materials, with creativity, Effect - Select and record from observation, experience and imagination and work with apples. Chd to do shading skills using pencils and To know how to evaluate and think experimentation and an Observe develop ideas confidently, using suitable materials confidently look at how light hits an object. critically about their own work. increasing awareness of different Texture - Question and make thoughtful observations about starting points and Use pastels and coloured pencils to shade apples looking at To know a range of artistic vocabulary to kinds of art, craft and design. Hues select ideas for use in their work, recording and annotating in sketchbooks shadow and light. Use a range of poster paints/powder discuss Cezanne's work as well as their 2) To create sketch books to - Improve quality of sketchbook with mixed media work and annotations paints/water colours/pencils to shade apples and make own own. record observations and use them Tier 3 words Develop artistic/ visual vocabulary when talking about own work and that pictures based on work of Paul Cezanne. to review and revisit ideas. Still life Draw different fruits using shading and looking at the effect Drawing 3) To improve mastery of art and Annotate - Begin to explore possibilities, using and combining different styles and of light on the shading. To know how light hits an object and how design techniques, including Cross-hatching techniaues Use different art materials and chd can choose own textures shading can show this. drawing and painting with a Perspective - Think critically about their art and design work to add such as sand, glue etc. to add texture to their work. To know how to use pastels and coloured range of materials Drawing pencils to blend colours. 4) To know about great artists, Tone Develop close observational skills architects and designers in -Observe and use a variety of techniques to show the effect of light on history. Painting objects and people e.g. use rubbers to lighten, use pencil to show tone, use To know how to use different types of tones of the same colour paint and other materials to create texture -Look at the effect of light on an object from different directions when making their own apple pictures. Use first hand observations using different viewpoints To know how to use different art · Begin to develop an awareness of perspective, composition, scale and materials to create depth in a piece of proportion work. - Use a variety of techniques to interpret the texture of a surface e.g. mark making, different textured paint Artists - Work on sustained, independent, detailed drawings To know who Paul Cezanne is and what kind of art he made.

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		To use Cezanne's art work as a starting		- Explore the relationships between line and tone, pattern and shape, line	
		point for their own work.		and texture	
				- Use first- hand observations using different viewpoints	
				- Independently selects materials and techniques to use to create a specific	
				outcome	
				Painting	
				- Controlling and experimenting particular qualities of tone, shades, hue and	
				mood	
				- Explore the texture of paint — very wet and thin or thick and heavy — add	
				PVA to the paint	
				- Develop painting techniques using different types of paint e.g. acrylic,	
				water colour	
				- Considering colour for purpose	
				- Carry out preliminary studies, test media and materials and mix	
				appropriate colours	
DT	1) To use research and develop	Design, Make and Evaluate:	Tier Two words	Design	Design inc technical knowledge (food and
	design criteria to inform the	To know what a balanced meal is	seasonal	create own design criteria and specification	nutrition)
	design of innovative,	and to be able to plan a seasonal	ingredients	come up with innovative design ideas	Chn will be shown a presentation so they can learn, discuss
	functional, appealing	and balanced meal.	variety	produce a logical, realistic plan and explain it to others; be willing to	and think about the seasonality of foods — especially fruit and
	products that are fit for		hygiene	refine.	vegetables in UK. They will present what they have learnt
	purpose, aimed at particular	To know how to evaluate the dish	methods	use annotated sketches and exploded diagrams	via a season/month wheel or a sorting activity.
	individuals or groups.	including appearance and taste and taking	product	make design decisions, considering, resources (and cost Y6)	Taste a range of fruit and vegetables currently in season in
	2) Generate, develop, model	feedback from others.		1 3	the UK. Discuss likes/dislikes. Establish the pros and cons of
	and communicate their ideas			Make	importing fruits and vegetables so we can have a wide variety
		Food:	Tier Three words	use tools/equipment with good level of precision	
	through discussion,	To know when different fruit and	balanced meal	produce suitable lists of tools, eqpt/materials needed	all year (link to geography activity – see above)
	annotated sketches.	vegetables are in season in the UK.	diet	• select appropriate materials, fit for purpose; explain choices, considering	Using what they have learnt and supported by the 'design a
	3) To select from and use a		peeling	functionality and aesthetics	healthy dish ppt presentation, they will design a dish using
	wider range of tools and	To know how and where a variety of	slicing	create, follow, and adapt detailed step-by-step plans	fruits or vegetables currently in season considering taste and
	equipment to perform	ingredients are grown, reared,	coring	explain how product will appeal to an audience	appearance. They should present this as a labelled illustration
	practical tasks accurately.	caught and processed.	cubing	accurately measure components	or a simple illustrated recipe or complete a worksheet linked
	4) To select from and use a	-	grating	apply a range of finishing techniques, with increasing accuracy	to ppt.
	wider range of materials and	To know how to prepare ingredients	components	use techniques that involve a number of steps	They will also consider how healthy their dish is and use ICT
	components, including	hygienically.	aesthetics	begin to be resourceful with practical problems	to find out more about the nutritional value of the ingredients
	ingredients, according to	inggrenicuity.	seasonal produce	1 '	they have included. Does their dish need to be improved in
	their functional properties	To know about different cooking	processed foods	Evaluate	light of this research?
	' '	techniques such as boiling, roasting	protein	evaluate quality of design while designing and making	They will share their proposed dish with others, considering
	and aesthetic qualities.	and mashing.	sustainable	keep checking design is best it can be.	their feedback regarding taste, aesthetics and dietary
	5) Investigate and analyse a	ana masimiy.	blanch	evaluate ideas and finished product against specification, considering	requirements to adapt if necessary.
	range of existing products.			purpose and appearance (stating if fir for purpose Y6)	In Y6, children will work out an approximate cost per portion
	6) Evaluate their ideas and			test and evaluate final product; explain what would improve it and the	of their dish.
	products against their own			effect different resources may have had	
	design criteria and consider			Evaluate how much products cost to make and how innovative they are	Make inc technical knowledge (food and
	the views of others to			Research how sustainable materials are.	nutrition)
	improve their work.				Chn will prepare the dish including gathering ingredients and
	7) Understand and apply the			Talk about some key chefs of ground-breaking products.	equipment, ensuring hygienic work practices and skills such as
	principles of a healthy and			Technical knowledge- Food and nutrition.	peeling, chopping, cooking, presenting as appropriate.
	varied diet.			explain how to be safe / hygienic and follow own guidelines	pecung, chopping, cooking, presenting as appropriate.
	8) Prepare and cook a variety			explain seasonality of foods	
	of predominantly savoury			understand that food can be grown in the UK or wider world and talk	Evaluate inc technical knowledge (food and
	dishes using a range of			about examples	nutrition)
	cooking techniques.			talk about how to adapt recipes to change appearance, taste, texture	Chn will first evaluate the appearance/presentation of their
	9) Understand seasonality and			or aroma and carry out adaptations with increasing confidence	product/dish. (Possible opportunity to use ICT to display and
	know where and how a			present product well - interesting, attractive, fit for purpose	photograph in a flattering 'magazine' way). Does it look
	variety of ingredients are			F. sacra produce were arresering, arranderive, Ju Jor purpose	appealing? Consider colours, finishing details etc.
	variety of ingreaterits are	I	L	<u> </u>	appealing. Colours, julishing details etc.

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grown, reared, caught and processed.	describe some of the different substances in food and they can affect health prepare and cook a variety of dishes safely and hyg where appropriate, the use of heat source. use a range of techniques confidently such as peeling grating, mixing, spreading, kneading and baking. Design create own design criteria and specification come up with innovative design ideas produce a logical, realistic plan and explain it to oth refine. use annotated sketches and exploded diagrams make design decisions, considering, resources (and of Make use tools/equipment with good level of precision produce suitable lists of tools, eapt/materials needed select appropriate materials, fit for purpose; explain functionality and aesthetics create, follow, and adapt detailed step-by-step plane explain how product will appeal to an audience accurately measure components explain how product will appeal to an audience accurately measure components use techniques that involve a number of steps begin to be resourceful with practical problems Evaluate evaluate quality of design while designing and makir keep checking design is best it can be. evaluate ideas and finished product against specifica purpose and appearance (stating if fir for purpose Yellow, and appearance (stating if fir for purpose Yellow) and product explain what would effect different resources may have had Evaluate how much products cost to make and how Research how sustainable materials are. Talk about some key chefs of ground-breaking product adminished product against specifical purpose and appearance (stating if fir for purpose Yellow) and they can be safe I hygienic and follow own gue explain seasonality of foods understand that food can be grown in the UK or wice about examples talk about some key chefs of ground-breaking productions and and carry out adaptations with increasing present product well - interesting, attractive, fit for perpose year of techniques of heat source. use a rang	gienically including, ag, chopping, slicing, hers; be willing to cost Y6) ed choices, considering ation, considering (6) I improve it and the v innovative they are lucts. uidelines ider world and talk ance, taste, texture g confidence purpose and drink, and how gienically including,	Taste dish and share with others. Take feedback regarding taste and texture. Suggest adaptations and refinements to improve the final product. This may be done informally through discussion or could be a more formal written exercise in the style of market research for future dishes.